

## Oklahoma Food Cooperative

The Oklahoma Food Cooperative offers another option for purchasing local food. The co-op is like a monthly, online farmers market that allows members to buy from farmers and artisans located all over the state. Products include meats, cheeses, eggs, grains, nuts, honey, fresh produce, baked goods, and more. Orders are delivered to more than 30 distribution sites across Oklahoma. New members are always welcome. More information is available online at [www.oklahomafood.coop](http://www.oklahomafood.coop).

## EATING WITH THE SEASONS

Every crop has a season in which it grows and becomes ready for harvest. Some prefer cool temperatures and others need lots of heat. Fruits and vegetables are most flavorful and nutritious when picked at or near their peak ripeness.

When shopping at an Oklahoma Grown farmers' market, expect to find an ever changing selection of fruits and vegetables over the course of the season. Experience the thrill of finding and preparing your old-time favorites and trying something new, each week throughout the year.

## PARTNERS

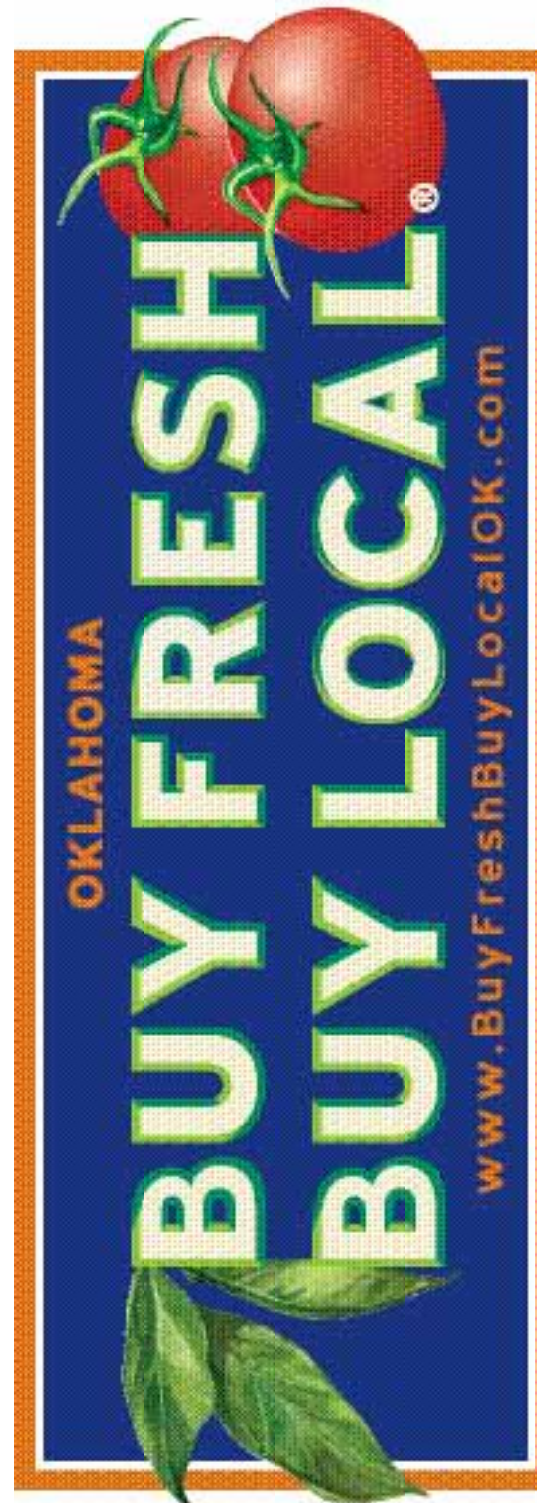
A special thanks to our Buy Fresh Buy Local Central OK partners contributing to this Farmers Market Guide:



Buy Fresh Buy Local is a project of the Kerr Center for Sustainable Agriculture and the FoodRoutes Network, in partnership with the Oklahoma Sustainability Network (OSN). Collaborators on this project included Oklahoma DEQ, Sustainable OKC and Oklahoma Sierra Club.

Please email additions or changes to this brochure to: [sderichsweiler@cox.net](mailto:sderichsweiler@cox.net). Thank you!

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# Central Oklahoma FARMERS' MARKET 2011 GUIDE



## BLANCHARD

Blanchard Farmers' Market  
222 South Main St.  
Saturday: 7:30am-Noon, April thru October  
Dev Vallencourt: 405-485-2943; hightidesok@gmail.com

## CHICKASHA

Chickasha Farmers' Market  
7th St. & Chickasha Ave.  
Tuesday & Saturday: 7am–Noon, May thru October  
Chamber of Commerce: 405-224-5040

## CHOCTAW

Eastern Oklahoma County Farmers' Market  
Choctaw Creek Park at 2001 N. Harper  
Saturday: 8am-Noon, June thru October  
Bernie Nauhelmer: 405-290-8198;  
finance@choctawcity.org

## EDMOND

(2nd St, just west of Broadway)  
Spring Garden & Produce Market  
Saturday: 9am-1pm, mid-April thru May  
Farmers' Market  
Saturday & Wednesday: 8am-1pm, June thru September  
Fall Garden & Produce Market  
Saturday: 9am-1pm, October  
Edmond Parks Dept.: 405-359-4630

## EL RENO

El Reno Farmers' Market  
Ross Feed & Seed at 100 S. Choctaw,  
Wednesday & Saturday: 8am-Noon, June thru September  
El Reno Main St.: 405-262-8888; codielee@cox.net

## GUTHRIE

Guthrie Farmers' & Crafters Market  
1st St. between Oklahoma & Harrison Ave.  
Saturday: 8am-Noon, June thru September  
Mary Coffin, Chamber of Commerce: 405-282-1947;  
mary@guthrieok.com

## MIDWEST CITY

Mid-Del Farmers' Market  
7209 SE 29th Street (behind Starbucks)  
Saturday: 9am-Noon; Tuesday: 4:30-7:30pm  
June thru October  
Bob Davis: 405-732-7677; mdfma@live.com

## MOORE

Old Town Farmers' Market  
301 S. Howard (Moore Community Center south  
parking lot)  
Saturday: 8am-Noon; Thursday: 4pm-7:30pm  
Late May thru September 1  
Todd Jenson: 405-793-5090

## MUSTANG

Mustang Kiwanis Farmers' Market  
470 W. Hwy 152 (behind Kiwanis building)  
Saturday: 8am-11am, June thru August  
Christie Scott: 405-831-0797;  
questions@mustangcommunitygarden.com

## NOBLE

Noble Farmers' Market  
City Hall on Highway 77 - 304 S. Main  
Saturday: 8am-1pm, May thru October  
Robin Stead: 405-872-0100; steadlaw@sbcglobal.net

## NORMAN

Norman Farmers' Market  
Cleveland County Fairgrounds - 615 E. Robinson  
Wednesday and Saturday: 8am-Noon, April thru October  
Andrea Earles: 405-360-4721, ccfb@sbcglobal.net

## OKLAHOMA CITY

Lovely Day Fine Art, Plants & Farmers' Market  
2616 N. Shartel (corner of Shartel & 26th Street)  
Tuesday, 3:30pm-7:30pm, July 4 thru October (or later)  
Janice Montgomery: 405-521-9947;  
janinokmulgee@yahoo.com

## OKLAHOMA CITY (cont.)

Midtown Market at Saints (Urban Agrarian)  
NW 9th and Walker (east parking lot)  
Friday: 1pm-6pm, May 13th to October 28  
Matthew Burch: 405-615-5797, info@uaoklahoma.com

OSU-OKC Farmers' Market - Open year-round  
400 North Portland, OSU-OKC Horticulture Pavillion  
Saturday: 8am-1pm, April thru October  
Winter hours: 10am-1pm  
Cheryl Camp: 405-945-3358; cacamp@osuokc.edu

OSU-OKC Farmers' Market (Sponsored by Chesapeake)  
Wednesday: 2:30pm-7 pm, Late May thru September  
1120 NW 63rd, Glenbrook Centre East parking lot,  
Cheryl Camp: 405-945-3358; cacamp@osuokc.edu

OSDH Wellness Farmers' Market  
OK State Dept. of Health, 1000 NE 10th St.  
Friday: 11am-1pm  
May thru growing season  
405-271-6127

Urban Agrarian Local Foods Market  
"Veggie Van" at NW corner of NW 23rd & Hudson  
Sunday: 11am-3pm, Open year-round  
Matthew Burch, 405-615-5797, info@uaoklahoma.com

Women in Agriculture  
1701 N. Martin Luther King  
Friday: 9am-1pm, June 17 thru August 26  
Tammy Steele: 405-424-4623; info@okwomeninag.org

## SHAWNEE

Pottawatomie County Co-op Farmers' Market  
Hwy 177 & Hardesty Road (Go west at intersection, across  
from Shawnee Feed Center)  
Wednesday & Saturday: 8am-2pm, Mid-April thru October  
Brannon McDougal: 405-273-7683

## TUTTLE

Tuttle Farmers' Market  
SW 2nd and Main St.  
Saturday: 7:30am-11am, May thru September  
Mary Smith: 405-381-2249; bazhaw@sbcglobal.net

## FARMERS' MARKETS

Farmers' markets offer shoppers a wide variety of fresh, locally grown fruits, vegetables, herbs and other farm-fresh foods. Many markets also have eggs, meats, honey, plants, flowers and hand-crafted items. Some have baked goods, dairy products, nuts, and even live music.

Farmers' markets provide family farmers and local food enterprises a reliable place to sell the fruits of their labor directly to the public, keeping those dollars in our local economy.

Visit a Central Oklahoma farmers' market near your work or home and get to know your local farmers.



## DISCLAIMER

Some farmers' markets listed in this brochure sell produce that is NOT Oklahoma grown. Please check with vendors for verification.